



~ ALTERNATE MENU SELECTIONS ~

Name: _____ Room Number: _____ Diet: _____

STARTERS

- Fruit juice
- Canned and fresh fruit

BREAKFAST

Entrée

- French toast
- Waffles
- Sausage patty
- Scrambled eggs
- Hard boiled eggs
- Plain omelet
- Cheese omelet

Cold cereal

- Corn Flakes
- Cheerios
- Rice Krispies
- Special K
- Product 19
- Total
- Raisin Bran
- 40% Bran Flakes

Toast

- Bagel
- English muffin
- Raisin toast

SOUPS

- Borscht
- Beef broth
- Chicken broth
- Chicken noodle
- Cream of mushroom
- Cream of tomato

COLD PLATES

- Chicken salad
- Egg salad
- Tuna salad
- Gefilte fish plate
- Lox and bagel plate
- Salmon plate

SANDWICHES

- American cheese
- Cream cheese and jelly
- Swiss cheese
- Grilled Swiss cheese
- Grilled American cheese
- Chicken salad
- Egg salad
- Tuna salad
- Turkey (hot or cold)
- Peanut butter and jelly
- Assorted finger sandwiches

LUNCH OR DINNER

ENTRÉES

- Baked chicken
- Barbecued chicken
- Chicken patty
- Chicken nuggets
- Chicken wing dings
- Hamburger
- Garden burger
- Tuna salad
- Turkey
- Broiled whitefish
- Mini quiches
- Spaghetti

DINNER - ONLY ENTRÉE

- Calf's liver and onion

SIDES

- Horseradish
- Pickles—sweet or dill
- Potato chips
- Sliced tomatoes
- Lettuce salad
- Baked potatoes
- Mashed potatoes
- French fries
- Potato pancake
- Baked sweet potato